

**THE UNIVERSITY OF ZAMBIA
SCHOOL OF PUBLIC HEALTH
DEPARTMENT OF HEALTH POLICY & MANAGEMENT
HEALTH SERVICES PLANNING AND BUDGETING (HSM 3240)
END OF YEAR EXAMINATION**

DATE: 7th NOVEMBER 2023
TIME: 09:00HRS – 12:00HRS
VENUE: EH 5 CLASSROOM

GENERAL INSTRUCTIONS

- This examination paper has **three** sections:
- Please, read the instructions carefully before commencing your paper
- You have only three hours for this paper
- Make sure you write your computer number on each booklet and sheet of paper used.

SECTION A: ANSWER ALL QUESTIONS (20 Marks)

- The section contains 8 Questions
- Answer **ALL EIGHT (8)** questions in this section.
- **SECTION A SHOULD BE ANSWERED IN THIS BOOKLET**

SECTION B: SHORT ANSWER QUESTIONS (40 Marks)

- The section contains 8 Questions
- Answer **any FOUR (4)** questions from this section
- Each question carries 10 Marks

SECTION C: LONG ANSWER QUESTIONS (40 Marks)

- The section contains 4 Questions
- Answer **any TWO (2)** questions from this section
- Each question carries 20 Marks

STUDENT ID: _____

SECTION A: MULTIPLE CHOICE QUESTIONS

Answer **ALL EIGHT (8)** questions in this section by encircling the correct answer. This section carries **20 Marks**

1. What do you call a plan which involves setting up a long-term objective, finding a course of action, and allocation of resources? [2.5 marks]
 - a) Programme
 - b) Strategy
 - c) Procedure
 - d) Policy
2. Which statement is FALSE regarding strategic plans? [2.5 marks]
 - a) The process of defining the vision of the organization
 - b) The goals of a strategic plan are long-term
 - c) They involve setting up goals and objectives
 - d) Acts as a roadmap for implementing activities
3. A Monitoring and Evaluation (M&E) strategy is NOT part of the Health Needs Assessment [2.5 marks]
 - a) True
 - b) False
4. The district level planning is an example of a micro plan [2.5 marks]
 - a) True
 - b) False
5. Which of the following statements is FALSE regarding a strategic plan and operational plan [2.5 marks]
 - a) An operational plan provides the detail of how a strategic plan will be achieved
 - b) A strategic plan focuses on outcomes and impact
 - c) A strategic plan can still be achieved without an operational plan
 - d) A strategic plan is always accompanied by an operational plan

6. Which of the following is NOT a definition of equity? **[2.5 marks]**
- a) Absence of differences in health between social groups
 - b) Fair distribution of resources
 - c) All persons and groups should be given the same treatment
 - d) It is an ethical concept
7. Which information is NOT included in the district health profile? **[2.5 Marks]**
- a) Access to water and sanitation facilities
 - b) Socio-demographic data
 - c) Physical health infrastructure
 - d) Historical health services provision
8. Which of the following is NOT a definition of planning **[2.5 marks]**
- a) Allocation of limited resources
 - b) Budgeting
 - c) Delivery of interventions
 - d) Setting future goals

SECTION B: SHORT ANSWER QUESTIONS

Answer any **FOUR** (4) questions in this section. This section carries **40 Marks**

1. Identify, describe and give examples of the main groups of determinants of the district health status. [**10 marks**]
2. Describe, with examples, some of the key components of a strategic plan. [**10 marks**]
3. Briefly discuss the functions of a budget in planning. [**10 marks**]
4. Discuss the advantages and disadvantages of the top down and bottom up approaches to planning. [**10 marks**]
5. Distinguish between vertical and horizontal equity in the context of planning and health service provision [**10 marks**]
6. Describe what is meant by an essential health package and how it is determined by the Ministry of Health [**10 marks**]
7. Discuss the steps that should be taken at district and facility level to prepare for health disasters [**10 marks**]

SECTION C: LONG ANSWER QUESTIONS

Answer any **TWO** (2) questions in this section. This section carries **40 Marks**

1. The mission of the Zambian Ministry of Health is to provide equitable access to cost effective, quality health services as close to the family as possible. Using this definition, discuss the equity considerations you would take into account when designing a plan to ensure that all the eligible children in your district receive the Polio vaccine [**20 marks**]
2. You have been asked by the planning department at the District Health Office to conduct a health needs assessment in an effort to design interventions to stop the spread of Anthrax in your district. What are the steps that you will follow to conduct this assessment? Also discuss some of the benefits and challenges you are likely to incur during this process [**20 marks**]
3. Discuss in detail the six (6) functions of a budget in planning. Make sure to include relevant examples from the strategic plans that you have encountered [**20 marks**]
4. Strategic plans are long term plans that provide guidance on how a country's resources will be allocated to deal with a specific health problem over a specified time. Using relevant examples from the strategic plans you have encountered, discuss the main components of a strategic plan [**20 marks**]

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